

Drawspace is proud to present

The Complete Draw and Paint in Your Pyjamas Certificate Course

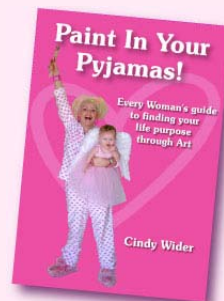


Instructor: Cindy Wider

International Art educator, Author, and Gallery-represented Award-winning Artist, Cindy Wider teaches with compassion and empathy. She is a highly respected art educator and is dedicated to helping you develop professional-level drawing and painting skills.

This unique, comprehensive beginner level art course which consists of 42 weeks of tuition is presented to you over a twelve month period.

Included in the program is a complimentary e-book version of the book *Paint In Your Pyjamas* by Cindy Wider. You will also receive a beautifully printed certificate of completion at the end of the 42 week course. Your certificate will be hand-signed by Cindy Wider and sent to you free of charge anywhere in the world.



Before and After Drawings by Students of Cindy Wider

The 'before' images presented here were completed prior to the student's first week of tuition. The 'after' drawings were completed after studying this course for a total of approximately 84 hours over 21 weeks. People enter the course at all levels of ability and similar results are gained regardless of their level of ability to begin with. Most people who enter the course begin drawing at a twelve year old child level and rapidly progress to drawing professional-standard drawings like these.



Barbara Houghton 'Before' self-portrait



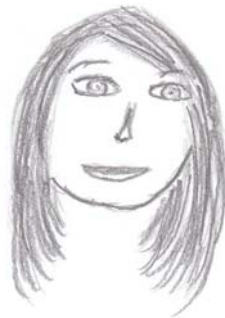
Barbara Houghton 'After' self-portrait



Leslie Macpherson 'Before' self-portrait



Leslie Macpherson 'After' self-portrait



Katrina Coltzau 'Before' self-portrait



Katrina Coltzau 'After' self-portrait



Tannis Trydal 'Before' self-portrait



Tannis Trydal 'After' self-portrait

Draw and Paint in Your Pyjamas

Fundamentals of Art Certificate Course

This 42 week course consists of six major units which are presented in a series of seven weeks of tuition within each. The teaching formula encourages you to work in a progressive and organized manner. When studied as a full course, the six-units provide absolute beginners with a well-rounded knowledge in the fundamental principles of art.

This unique program is a beautiful blend of contemporary and traditional art skills which, over the past decade, has successfully helped men, women and children learn to draw who previously believed they were unable to draw a stick figure.

Your final project at the end of each unit will be graded using a Rubric grading system with the criteria outlined at the beginning of each unit. Your grade will be recorded on your Certificate of Completion. You may choose not to have your work graded, if so please inform Cindy at the beginning of your course.

Level of Instruction: Pre-beginner and beginner

Program Length: 42 weeks of tuition studying between 2 to 8 hours per week presented over a *twelve month* period. A weekly time schedule is recommended; however, in this course you have a little more flexibility and can submit your work at your own pace providing the course is completed within the twelve month time frame. Please note though, you are only permitted to submit a maximum of three exercises every three working days.

Medium: Graphite pencils, charcoal with white conté and acrylic paints on canvas

Subjects: Various including; man-made objects, cartoon drawings, landscapes, abstract painting, flowers, buildings, portraiture, as well as subjects of your choice.

The Unique Difference about this course:

This unique beginner level art tuition program is based upon four major comparison skills. These four skills (called the *Four Natural Gifts*) are currently being used in your everyday activities as individual skills, however for the purpose of drawing they need to be combined in a unique way.

The exercises presented have been carefully designed based upon traditional and contemporary drawing methods that require you to call upon your *Four Natural Gifts*; first individually then as a whole.

The *Four Natural Gifts* can never be completely separated; however, emphasis is placed on refining one at a time until all four are refined. By placing emphasis on the individual comparison skills separately through the study of certain methods and techniques that require a predominance of their use, makes it easier to learn how to draw in a much shorter period of time.

The four natural gifts are as follows:

- **Natural Gift 1: Horizontal and vertical comparison:** You are using this skill when you cannot resist the urge to straighten a crooked painting on a wall or straighten the furniture in your home. To draw a likeness in art, you use this skill to compare a line to the horizontal or vertical edges of your page.
- **Natural Gift 2: Size comparison:** When you pour a glass of cordial and get the same ratio of cordial to water every time, or near to it, you are using your gift of size comparison. You are also using it when you cut up a chocolate cake to get similar sized pieces. To draw a likeness in art, you use this skill to compare the size of objects to one another. This major skill is called proportion.
- **Natural Gift 3: Arranging objects:** When you choose to place your furniture in a pleasing manner around your home, you are using your natural gift of arranging objects. You know when it looks too cluttered and when it doesn't look quite right, so you adjust the placement until it feels pleasing to your eye. Nobody trained you to do this; it just feels right to you. To draw a likeness in art, you use this skill to compare objects to the area of background space in our art. This is called comparing negative and positive space; the major area of study is composition.
- **Natural Gift 4. Light and dark comparison:** You can guess what time of the morning or afternoon it is just by how light or dark it is outside. You can do this because you have the natural gift to be able to compare different levels of light and dark. To draw a likeness in art, you use this skill to compare very dark, medium and light values of tone; then reproduce those tones onto your page to achieve a three-dimensional appearance.

Summary of The Six Units

Unit One: Draw

During this first unit, we begin right from the very start of how to set up your area for drawing and create time to draw by learning to use the small blocks of time rather than waiting for the big blocks that never seem to come. Then we move into the process of learning how to draw in outline. We pick up from where most adults have left off; at about a 12 year old child level of ability. You will be shown many professional drawing methods and techniques to help you rapidly develop a high standard of drawing in outline. Along the way you will also be refining your ability to compare angles, lines and curves to a horizontal or vertical line. In the final two weeks of this unit, your newly acquired skills will culminate in one final drawing.

Week One:

- The 'Paint in Your Pyjamas' philosophy, understanding talent, arranging a special area as your own private Artist's Haven.
- Overcome procrastination, learn to create a time slot to draw more often and discover the power of the mantra 'Just Show Up At The Table.'
- Creative goal setting, your little note book.
- What pencil to use for drawing.
- A special way to hold your pencil for drawing.
- Drawing practice.
- Copy patterns to begin training your artists eye.

Week Two:

- The process of creating original drawings.
- Introduction to Construction Drawing.
- How to draw a perfect circle any size.
- Drawing the Ellipse correctly.
- Using the pencil measuring technique with construction drawing.
- Draw a cartoon version of a Bassett Hound.

Week Three:

- Using your ruler with Construction drawing.
- Draw a man-made object using your ruler and Construction Drawing.

Week Four:

- How to use the grid method with extreme accuracy.
- A Grid Method drawing of either 'Buzzy Bee' or 'Little Blue Wren.'

Week Five: Six pencil techniques

- Learn six pencil techniques; Shading, Broad Strokes, Chisel Point, Fine Lines Hatching, Cross-Hatching.
- Practice project: Outline drawing of the "Old Hay Shed" using construction drawing and the grid method.
- Complete the practice project: by adding all six pencil strokes in the areas specified.

Week Six & Seven: Project stage

- Project: Using the grid method, copy the construction drawing of 'Frangipani Dreams.'
- Draw the outline image within your construction drawing.
- Transfer your final drawing to quality paper.
- Option to shade the image

Unit Two: Paint and Mix Colour

This unit is best studied after unit five but if you are desperate for colour, it is a great course to do after completing unit one. You will learn how to paint in acrylics even if you have never picked up a brush since you were a child, or at all.

Week One: Gather your equipment and set up your area for painting

- Where to place your equipment on your table.
- Preparing your equipment ready for painting.
- Getting to know acrylic paints; the advantages and disadvantages.
- Introduction to the colour wheel.
- Mixing your colours to produce a colour wheel.
- How to mix your paint, load your brush and hold it in the correct position for a high degree of control every time.
- Learn two traditional brush strokes.
- Create a traditional colour wheel.
- Learn to read the traditional colour wheel.

Week Two: Fun and simple colour theory

- Produce a unique colour swatch to learn how colours are affected by adding black, white or both black and white.
- Three simple techniques to mix the colours you choose to create (this simple procedure will save you years of trials and loads of dollars in wasted paint.)
- Learn six popular colour schemes.
- Paint an abstract picture using one of six colour schemes and a variety of objects from around the home.

Week Three: Getting to know your brushes Part A

- Learn how to use your hog hair brushes to achieve a variety of traditional strokes and techniques.
- Use your new brush techniques to paint realistic subjects.

Week Four: Getting to know your brushes Part B

- Learn how to use your medium and small round Taklon brushes for a variety of traditional strokes and techniques.
- Use your new brush techniques to paint realistic subjects.

Weeks Five to Seven: Begin your project

- Begin the project stage: Your project this term is to use your horizontal and vertical comparison skills to copy an outline drawing, then mix your colours before painting a finished artwork in a hard-edge semi-abstract style. (This provides you with an opportunity to experience painting in a stylized art form.)
- Select from one of three paintings to copy from and draw the outline onto a canvas using the grid method.
- Mix your colours - Do your best to mix and match the colours provided for your project.
- Begin to paint and enjoy the process.
- Optional extra realism painting – combining all six brush strokes previously learned (not graded). Comments will be given on this project and a complimentary extra week given to those wishing to complete this project.

Unit Three: Shade

During this unit you will see your drawings transform before your eyes from a simple outline into an amazing realistic three-dimensional image. Outline drawings are provided to help you speed along a bit. You know that these drawings could easily be created using the grid method, but it is preferable that you place all of your energy into shading and the theory of light and shade rather than concern yourself with the outline drawing. There will be plenty of opportunity to pull together what you learned in unit one with this unit afterwards.

Week One:

- Learning to see shapes in the shadows.
- Learning to see values in objects.
- Advice on using a still life set-up for drawing.
- How to render to render the smooth shading technique for large or small areas using graphite pencils prepared in two different ways.
- Create a Value Scale using the smooth shading technique and graphite pencil.
- Learn how to see the difference between six values ranging from white to very dark grey graphite.
- Learn to shade three different important tonal changes that help you achieve the optical illusion of a three-dimensional object on a two-dimensional (flat surface – your page.)

Week Two:

- Introduction to the basic theory of light and shade needed to create the illusion of a three-dimensional image on a two-dimensional surface (a page.)
- Revision of Construction Drawing and shading the four basic shapes from flat outline drawings into the illusion of three-dimensional objects on a two-dimensional page (please note; outline drawings are provided for you to transfer directly onto quality paper ready for shading.)

Week Three:

- Introducing a value map.
- Shade several simple man-made objects while working from illustrations using a photograph and value map with a step-by-step approach (outline drawings are provided.)

Week Four:

- An introduction to the study of Drapery.
- The Five basic folds.
- Shade a piece of drapery using drawings provided to transfer directly onto quality paper. Use a photograph and create a value map as a reference.

Week Five:

- Shade an outline drawing of a man-made object while working from illustrations using a photograph and value map with a step-by-step approach (an outline drawing is provided.)

Weeks six and seven:

- Begin your project: Shade the drawing of a man-made object provided to create the illusion of a three-dimensional image on a page
- Shade various man-made objects using drawings provided as an outline.
- Introduction to the study of drapery
- Major Project: Shade a drawing of a man-made object to create a three-dimensional appearance in graphite pencil on quality paper.

Unit Four: Portraiture In Your Pyjamas

During this unit you will learn about the proportions on the face, how to develop a portrait right from one single vertical and horizontal line. You will be given loads of instruction on how to draw hair which can adapt into drawing animal fur as well. We don't cover animals here, but the same methods apply. To study animals you research that specific breed of animals and use the techniques and methods taught here. The first few weeks are taught in graphite and in week four you will be taught twelve different charcoal techniques before working on several different textures as well as three hairstyles. Finally you will create your own portrait.

Week One:

- Introduction to portraiture
- Shading individual features of the face in graphite pencil

Week Two:

- Learn the sighting technique to help you measure proportions when drawing objects close up from life
- Proportion and placement of the individual features of the Adult face
- Take a photograph for your portrait project using the instructions provided

Week Three:

- Draw a portrait of a three year old child 'Isha' in graphite pencil

Week Four:

- Introduction to charcoal
- Learn twelve charcoal techniques allowing you to create hundreds of textures
- Learn to draw hair with a variety of different hairstyles presented, using charcoal and white conte on grey paper

Week Five:

- Draw a variety of objects using charcoal with white conte on grey Mi-Teintes paper using the construction drawing method

Weeks six and seven:

- Begin your project: A self-portrait or portrait of someone you know and see often. To draw yourself is the most ideal as often you will want to see parts of your face that may not be clearly understood in the photograph due to missing information. Your portrait will be drawn on the smooth side of grey Mi-Teintes paper using charcoal and white conte.

Unit Five: Perspective in Your Pyjamas

In this unit of the course you will learn how to draw from your imagination using the rules of one and two-point perspective. The rules of perspective are taught in colour making it a more intuitive learning experience than the usual alphabetical method. This is a fun and fascinating section of the course and when combined with all of your previous knowledge will help you to draw many things that you previously may not have even considered.

Week One:

- Introduction to Perspective
- Practice one-point Linear Perspective through drawing various objects using a step-by-step procedure
- Use Freehand Perspective to draw wooden floor boards in a fun exercise
- Complete a simple interior with floor tiles using one-point perspective

Week Two:

- Learn to draw a basic rectangular shape from both interior and exterior view in one-point perspective
- Draw a book case and then a fence using freehand perspective in one-point perspective to learn the rules of dividing and spacing objects as they recede into the picture plane
- Learn to draw an accurate ellipse in perspective

Week Three:

- Progress from one point perspective into basic two and three-point perspective by drawing a simple house from an exterior view
- Draw an open door and steps to further expand your knowledge of basic perspective

Week Four:

- Learn how to use the sighting technique to help you measure proportions of objects that are at a distance away from you
- Draw simple objects from life using the sighting method and submit just one of these for commenting.

Week Five:

- Draw an imaginary interior room in one point perspective using a basic template then decorate it with simple objects of your choice using either one or two point perspective.

Weeks six and seven:

- Begin your project: An exterior drawing in graphite pencil of a building in three-point perspective. You will be using the rules of perspective in combination with the grid method. Once you have drawn the image you will then be given the option to apply a variety of textures to shade this drawing. The shading will not be graded in this project, only the outline drawing.

Unit Six: Compose Original Art in Your Pyjamas

The epitome of the entire course, this unit brings together every aspect of the course. Everything you have learned comes together as a whole understanding and you learn where, why and how to position all the different elements on your canvas (or page.) This course will take you through the three major stages that can be used to help you bring a simple thought or idea into a completed artwork. This enables you to create original art that you might either consider exhibiting into competitions, selling or even decorating your own home with.

Week One:

- An introduction to the study of Composition and the three major processes used in this unique course, to compose original art.
- An example of the Artistic and emotional process involved in creating an original artwork from just a simple thought.
- Stage One: The Heart and Soul Stage: learning to include your little sketch book in your whole life. This little book which needs to be used *long before* you show up at the table to place paint on the canvas.
- Learn where original ideas can come from and explore ideas for possible drawings and paintings through writing.
- Create Thumbnail Sketches to help you bring your subconscious thoughts into the conscious by learning to use loose simple sketches.

Week Two:

- Stage Two: The Planning stage; how to take an idea into a finished artwork by using the rules of composition combined with onsite sketching and other reference materials.
- Ten aspects of composition to consider which can help you to create successful and balanced compositions every time.
- Draw a series of rough visuals (thumbnail sketches) using the rules of composition and several different compositional structures presented.

Week Three:

- Prepare your own reference library or 'Treasure Chest' to trigger your creativity. This could contain magazine clippings, holiday photographs, material samples, various objects and memorabilia gathered from opportunity shops, outings or from your every day life experiences.
- Compose a small original drawing as a rough-visual ready to refine after comments are made on your work. This image will be painted in week five.

Week Four:

- Make any suggested changes to your composition from week three by refining your drawing and then transfer the image to your canvas board.
- Six popular colour schemes; a refresher course from unit two.
- Experiment with three different painting styles (as demonstrated in your course notes) and research online or in art books to discover artists (either modern day or the great masters) who are using these painting styles.

Week Five:

- Select a colour scheme and one of the painting styles you researched in week four to paint your image that was created in week two; or design a new image to suit your preferred art style.

Weeks six and seven:

- Final Project; produce an original painting of your choice within the themes of either; still life, landscape or an interior. The medium will be acrylic paint on canvas. You may select a painting style from the selection of painting styles researched in week four. You will be required to submit the three stages that were used to create your original idea.

Art Materials List:

For a list of materials please go to <http://paintpj.com/courses/course-materials-list/> and scroll down to find the list of materials for the full certificate course.

Make sure you have a computer, access to the internet, a scanner, printer (to print out your course notes, or alternatively you can work from your computer screen if necessary) and preferably a digital camera to complete this course.